## WEHL TEAM VOLUNTEER MEETING

Prines





### Agenda

- District B Officials info
- 67's Minor Hockey Programs
- Sens Minor Hockey & Community Programs
- 2019/20 Season dates
- WEHL Tournament dates
- PRCs & Rowan's Law
- Development Info Clinics, Qualifications
- Registrar Info Team Lists, Affiliations
- Room Bookings/Game Sheets/Equipment
- Photo Days: Nov.1st & Nov.2nd
- Fair Ice & 3rd Jersey Policies
- Sens tickets draw!





## District B Officials - DBOA

Referee-in-Chief - Fred Cosgrove districtbric@gmail.com

Senior Assignor - Ryan Stasiuk bytownsrassignor@gmail.com

- Bantam, Midget, Juvenile
- Junior Assignor Shawn Corcoran,
  bytownjrassignor@gmail.com
  - Novice, Atom, Pee Wee

Website - District B Officials Association - dboa.ca





## District B Officials - DBOA

#### Checking from behind

- Hits to the head
- Major penalties
- Respect in the Arena

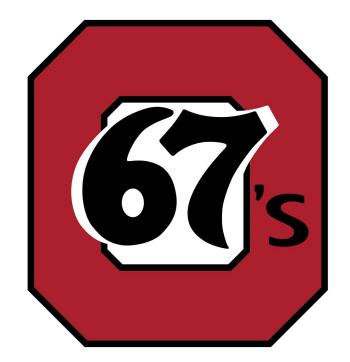






#### Ottawa 67's Programs

- Minor Hockey Experiences
- Prospect Game Day Experiences
- Minor Hockey Fundraising Programs
- Prospect Tickets







#### Ottawa Senators Programs



















- Minor Hockey Month
  - Red Carpet on October 5th
  - HEO Night on October 23rd
  - Coaches Clinic on October 27th
- Future Sens
- Association Nights / Fundraisers
- Bell Capital Cup on December 28th January 1st
- Sens Jr. Starters
- Equipment for Kids
- Sens Alumni







#### WEHL arenas in the mix:

- Dulude
- BAS
- Tom Brown
- McNabb
- Belltown Dome (NextGen and GAA clinics)
- Bantam C interlock with Nepean, Stittsville and Kanata
- No 7am ice during the season
- Ice Allocation per age group: Novice = 32 ice times (~ 2 hrs per week)
   Atom = 16 games & 16 practices (~2 hrs/week)
   Peewee = 18 games & 14 practices (~2hrs/week)
   Bantam = 20 games & 12 practices (~2hrs/week)
   Midget = 24 games & 8 practices (~2hrs/week)





#### Season at a glance

#### Drafts

- Novice: tentatively Sept 22-26
- Atom & Peewee: tentatively Sept 16-17
- Bantam: tentatively Sept 18
- Midget: tentatively Sept 21-22

### Season

- Oct 8th to Feb 9th
- (Midget starts Oct 15th, Juvenile Oct 14th)
- No ice on Thanksgiving weekend & Halloween
- Christmas break is Dec 19th-Jan 1st
- Feb 14th to 17th no ice Family Day weekend
- Round robin games are Feb 18th to Mar 5th
- Semis and Finals are Mar 6th to 8th



#### Season at a glance

- 5 Tournament per team Policy
  Teams need permission for additional tournaments
- Tournament Blackout Dates
  - Email your potential tournament dates ASAP to <u>vp.ice@westendhockey.com</u>
  - Sept.30th deadline for tournament before Nov 15th
  - Oct 18th deadline for tournament/blackout dates up to Jan 1st
  - Nov 25th deadline for tournaments to Feb 20th
  - Feb 3rd deadline to submit blackout dates during playoffs (Feb 18th to end of Mar)





#### WEHL Sensplex Tournaments

► <u>Atom A/B/C; Peewee A/B/C</u>

Friday Dec.6 to Sunday Dec. 8, 2019 \$1,160(-\$100) for WEHL = \$1,060

Bantam A/B/C; Midget A/B

Friday Dec. 13 to Sunday Dec. 15, 2019 \$1,185(-\$100) for WEHL =**\$1085** 

Novice Tier 2(A)/3(B)/4(C) Half Ice

Friday Jan.10 to Sunday Jan.12, 2020

\$775/\$750(-\$100) for WEHL **=\$675/\$650** 

Guaranteed spots for WEHL up to Oct 14th only

http://www.sensplex.ca/youth-tournaments





- All volunteers, Coaches, Trainers and On-Ice Helpers require a PRC.
- PRCs done online https://olbc.ottawapolice.ca and are valid for 3 years.
- You require a letter from the wehl, and the \$10 fee will be repaid to you by the wehl.
- When complete, PRC's need to be forwarded to the VP Risk and Safety.
- Shared birth date with someone with a conviction may require finger printing.



## Rowan's Law

- Ontario Law now requires all players, coaches, and trainers to complete a Rowan's Law Acknowledgement.
- Objective is to Learn how to prevent, identify and manage concussions.
- Novice Midget forms were collected with the evaluation jersey handouts.
- IP and Juvenile need to be submitted to their convenor or emailed to VP Risk and Safety before they go on the ice.
- Coaches and trainers will need to complete the form as well.



#### **BMHL** Suspensions

BMHL adopted the Total Team Management (TTM) reporting system.

- Your email associated with your Hockey Canada account/Team List will be used for access.
- Coaches/Managers must now use this system for entering suspensions, tracking games served for suspensions, and recording affiliations.
- All Misconducts, Game Misconducts, Gross Misconducts and/or Match Penalties in any game (exhibition, league, tournament, playoff) <u>must be entered within 24 hours of the game.</u>
  - Please remind your players it is WEHL policy to double all BMHL suspensions at all levels.
- Players/team officials can appeal the additional games imposed by the wehl, requested through VP Risk and Safety.



#### **HEO Policies**



HEO Website - great resource for policies such as outdoor rink usage, on ice helper requirements, concussion return to play, etc.

http://www.hockeyeasternontario.ca/pages/admin/policies.htm

#### Mouth guards

- Mandatory under BMHL policy
- A player may be exempt from wearing a mouth guard only with a medical note.
- This note must be kept by the Team's Trainer, shown to the referee prior to the game, and be on the bench at all times.





- Players should be supervised at all times following the "Two Deep Method" of supervision recommended by Hockey Canada (two adults present together).
- People supervising must have completed either "Speak Out" or the "Respect In Sport" for volunteers and have submitted a PRC.
- Vaping HEO policies and City of Ottawa smoke-free regulations include no vaping on all municipal properties.



#### Development

#### **Player Development Sessions**

- Next Generation Hockey will run skating, puck-handling and shooting development program Tuesday evenings at Belltown Dome starting Nov. 5th - \$299
- 1 hour per training session, 10 total training sessions
- Players will be assigned their specific training hours based on their relative skill/age to ensure the optimal training experience
- The 1st session will serve as an initial evaluation and players maybe asked to move groups as their skill dictates
- Top notch skating dynamics
- Building confidence in game type situation, Small Area Games
- http://nextgeneration-hky.com/WEHL-Specialized-Training







- Goalie Development Clinics
  - Goalie Army Academy will run free goalie sessions for WEHL goalies on Thursday evenings at Belltown Dome starting Nov 7th



#### Development



#### RINKEYE ASSOCIATION SPONSORSHIP

#### **SHOOTING & PUCK HANDLING SESSIONS**

Develop player puck skills and control, and shot technique, power and accuracy.

- 1 hour sessions
- 2-3 RinkEye coaches
- Puck handling drills on mini rink
- 6 different shooting lanes Optional access to team room for meetings or video
- sessions

#### 2 COMPLIMENTARY SESSIONS

- Maximum 15 players per session
- Preference is for the association to choose novice or atom teams for the training

#### ADDITIONAL SESSIONS

Can be purchased for \$265 each



#### **SKATING TREADMILL**

Improve skating stride, speed, and technique with personalized coaching on our state-ofthe-art skating treadmill.

- 3 hour session
- 1 hour treadmill per player
- 5 players / hour

#### \$300 PER TEAM



To register or request more information, email: info@rinkeye.com



#### DRY ICE SKATING DEVELOPMENT

TAUGHT BY WORLD RENOWNED SKATING COACH, MARC POWER OF POWER 456

Unique skating program that includes on-ice and off-ice exercises and plyometrics to improve skating technique, strength, and balance. Designed to improve speed and develop more effective technique.

- 1 hour sessions
- Skating movement analyzed
- Every player is challenged
- Fun "outside the box" creative lessons

#### \$325 PER TEAM



#### Bench Staff Qualifications - Coaches and On-Ice Helpers

		Police Records Check	Respect in Sport	Gender Identity On- Line Training	Coach 1 (1 day in class course)	Coach 2 (1 day in class course)	Hockey University Online Coach 1/2 course	
	Head Coach	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$		$\checkmark$	
IP	Assitant Coach	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$		$\checkmark$	
	On-Ice Helper	$\checkmark$	~	$\checkmark$	~		$\checkmark$	
	Head Coach	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$		$\checkmark$	
Novice	Assitant Coach	<b>√</b>	~	$\checkmark$				
	On-Ice Helper	$\checkmark$	$\checkmark$	$\checkmark$				
	Head Coach	<b>√</b>	~	$\checkmark$		$\checkmark$	$\checkmark$	
Atom - Midget	Assitant Coach	$\checkmark$	$\checkmark$	$\checkmark$		$\checkmark$	$\checkmark$	
	On-Ice Helper	$\checkmark$	$\checkmark$	$\checkmark$		$\checkmark$	$\checkmark$	





#### Coaching Equivalencies

1980's	2000's	2014
Initiation Program	Intro Coach	Coach 1 — Intro Coach
Coach Level 1 and 2	Coach Stream	Coach 2 – Coach Level
Coach Level 3	Intermediate	Development 1
Coach Level 4	Advanced 1	High Performance 1
Coach Level 5	Advanced 2	High Performance 2

http://www.hockeyeasternontario.ca/pages/coach/coachcert.php





### Bench Staff Qualifications - Trainers

	Police Record Check	HTCP Level 1 - Online Certification	Respect in Sport	Gender Identity On- Line Training
IP	$\checkmark$	$\checkmark$	$\checkmark$	~
Novice - Midget	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$



#### New Coaches

## **Coach and Trainer Qualifications:**

- Need to complete or update required clinics
- Pre-Approval from VP Development

## Process:

- 1. Go to HEO website: <a href="http://www.hockeyeasternontario.ca/">www.hockeyeasternontario.ca/</a>
- 2. Register for a clinic
- 3. Submit receipts to clinics email with proof of completion
- 4. Processed monthly with accountant, takes 2 to 4 weeks to turn around.





- ~1100+ players registered every year
- Online registration now closed
- Still have space, esp. youngest divisions
- Refer latecomers to website, e-mail:

registration@westendhockey.com





- Many registration functions now outsourced
- Critical improvements for:
  - Availability
  - $\circ$  Response time
  - Business continuity
  - Long-term focus
- ► <u>registration@</u> vs <u>registrar@</u>
- May expand role of outsource partner





- New refund/rebate process now online
- FAQ has cut down on many inquiries
- Volunteer sign-up form
- Focus on efficiencies, lasting change
- Need member input and participation!





ALL teams need an official team roster

- Ensure proper catchment
- Proof of age for division placement
- One team per player
- Parent and coaching qualifications
- Required for tournaments
- Absolutely mandatory, or team stops operating





## Team Lists

	Police Record Check	Respect in Sport: Leaders	Understanding Discrimination Gender Identity / Dressing Room Policy	Coach 1 – Intro	Hockey U. Online: Coach 1/2	Coach 2: Coach Level	
Head Coach IP Levels	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$		
Head Coach Novice	$\checkmark$	$\checkmark$	$\checkmark$		$\checkmark$		
Head Coach All Other Levels	$\checkmark$	$\checkmark$	$\checkmark$		$\checkmark$	$\checkmark$	
Assistant Coach IP Levels	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$		
Assistant Coach All Other Levels	$\checkmark$	$\checkmark$	~				





#### Team Lists

	Police Record Check	Respect in Sport: Leaders	Understanding Discrimination Gender Identity / Dressing Room Policy	Hockey Trainer Certification Program (HTCP1)
Manager	$\checkmark$	$\checkmark$	R	
Trainer	$\checkmark$	$\checkmark$	~	$\checkmark$
Treasurer	$\checkmark$			
Other On-Ice Help	$\checkmark$	$\checkmark$	~	



#### Team List Template

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Insert Format Data Tools Add-ons Help <u>All changes saved in Drive</u>

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	A	В	С	D	E	F	G	н	I	J	К	L
1	Bench Staff Qualifications		Amber denotes REQUIRED			Yellow denotes MAY be required		White denotes OPTIONAL				
2						Mandatory for all Bench Staff			Coaches and Trainer(s)			
3		Name	Date of Birth	Hockey Canada ID*	Ottawa Police Records Check?	Rowan's Law Form Submitted?	Respect in Sport - Activity Leader?	Understanding Discrimination Gender Identity / Dressing Room Policy	Coaching Certification(s)	Trainer Certification Number (HTCP#)	E-mail Address	NOTES
4	ex: Head Coach	Don Cherry	05-May-1934	1500000806701	Yes	Yes	Yes	Yes	Coach 2	n/a		
5	ex: Manager	Ron Maclean	14-Mar-1960	150012345701	Yes	Yes	Yes	Yes	n/a	n/a		
6	Head Coach	Doug McKenzie	31-Jan-1972	1234567889	Yes 🔹	Yes 🔹	Yes 🔹	No 👻	Coach 1 -		blah@blah.com	
7	Trainer					*	+		*			
8	Manager				•	•		.*	*			
9	A. Coach				÷	•	+	÷	•			
10	A. Coach					*	*	*	*			
11					•	-	•	•	•	4		

- Team list spreadsheet online
- Requires Google account to edit



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- Get your manager involved IMMEDIATELY
  - Manager meeting coming soon...
- Begin documenting staff ASAP, so we can help!
- Lookup tool to check credentials
- Team list will be submitted to District Registrar for final approval and signature
- Final approved roster will go to Coach/Manager
- Possible uses: intra-team comms, player evals





- Identify all staff by Sept.30<sup>th</sup>
- ► Submit list template to Registrar by Oct.13<sup>th</sup>
- ► HEO MINOR Team List Doomsday: Nov.1st

### MINIMUM <u>5 DAY TURNAROUND</u> FOR TEAM LISTS

Changes to team means a new team list



#### Useful Websites



#### www.districtbhockey.ca

Constitution, Rules, Regulations

www.bmhl.ca

Full BMHL Schedule, where to go to update scores

#### www.heominor.ca

Tournament search engine

www.hockeyeasternontario.ca

Clinics & Qualifications

www.westendhockey.com

All things WEHL: News, Events, Contact info, etc.





### Affiliations

- Affiliation Rules are changing. Again.
- Player can only be affiliated with one team at a time
- Player must be on approved team roster to affiliate
- WEHL will only allow affiliations to fill roster
- Must complete affiliation paperwork, get signatures from parents, both coaches, Registrar. (\*sigh.)
- Must obtain permission of coach before playing an affiliate
- Coaches should never deny a development opportunity
- Can only play 10 games for any & all teams as an affiliate
- Players cannot affiliate when their main team is playing
- Emergency Goalie Rule should affiliate a goalie





- Last year: BMHL will follow the HEO affiliation rules in order to streamline the process.
- Affiliations page on District B website to be updated to reflect HEO interpretation...
- Affiliation across and up are now permitted for BMHL games (Peewee B can affiliate from Peewee C, Atom A or Atom B, Midget A can affiliate from Midget B, Bantam B or Bantam A)
- Caveat: C teams can only affiliate from younger C teams (Bantam C can affiliate from Peewee C only)
- Players affiliated to Golden Knights team NO LONGER ELIGIBLE to be affiliated to a House League team - one or the other!



### Volunteerism

- Most critical aspect of the organization
- Aiming to improve coordination of volunteers
- Goals: Make life easier!
  - Save time with long-term planning
  - Single point of contact
  - Remove barriers
  - Recruit, retain, recognize
- Can't fix everything overnight
- Starts with Volunteer Committee
  - Looking for one more member with coaching/bench staff experience





- 2 rooms at Dulude bookable for teams:
  - Women in Sport (WIS) small meeting room
  - Mel Baker Hall (MBH) large meeting room
- Email Rick Henry <u>secretary@westendhockey.com</u> for room bookings <u>at Dulude only</u>
- You can book a room for a team function i.e. team meeting, parents meeting, pizza party, Christmas party etc. - the league will cover the cost of the room
- Give enough notice since the City does the scheduling



#### Game Sheets



- Timekeepers are to be supplied by home team
  - Clock operation and filling out game sheet
- Completed Game Sheets:
  - Top Copy Division mailbox at Dulude
  - 2<sup>nd</sup> Copy Home Team Coach
  - ► 3<sup>rd</sup> Copy Away Team Coach
  - ► 4<sup>th</sup> Copy to be kept if Ref takes a copy for a suspension
- Blank Game Sheets in mailbox at Dulude (combo lock)
- Game Sheet Labels Template (MS Word)

Available For Download On WEHL Website

(Don't handwrite the names!)





### Jerseys and Equipment

- Manager or Coach to sign out and inspect jersey sets
  - Sessions will be organized by division before draft dates
  - Avoid issuing jerseys until after balancing!
  - Collect deposit cheques for each jersey (post dated to April 2020)
- Each team will receive 14 WEHL pucks
- Two pairs of classic socks for all players
- FA kits and water caddies optional
- Return within one month of the banquet
- Equipment Manager Aaron Hellard <u>equipment@westendhockey.com</u>
- Goalie Equip Manager Mike Moffat goalieequipment@westendhockey.com





- Friday November 1st and Saturday November
  2nd at Dulude
- Free Team photo provided to all players
- Team signup list will be distributed online
- Photo pickup and makeup date: TBD
- Gadar will set up sample clothing that can be ordered and received before Xmas
- Teams can also order Name Bars from Gadar to add to jerseys





- Make tournament fees, extra practice ice, etc. fees optional, <u>no family should have to pay for additional team</u> <u>activities if they don't want to participate</u>
- Refund any budget surplus directly, don't drain team budget by buying end of year gifts or donating to charity
- Make team votes private (email or Survey Monkey) not by show of hands
- Either collect team fees and put them into a community bank account or pay up front then collect. Community bank account authorization from VP Administration





### Fair Ice Policy

- Fair Ice means equal ice by position
- Roll the lines, at all times, in all games, no exceptions
- Playing ability does not affect playing time
- By the end of the season all players should have had roughly equal ice time in all different game situations: Power Play, Penalty Kill, end of game, overtime
- Applies to all games (regular season, playoff, exhibition, tournament, elimination, championship)
- There is NO "coaches discretion" rule to play stronger players for the last 2 minutes of any game
- Explain the Fair Ice Policy to all players and parents in your first team meeting



## 3<sup>rd</sup> Jersey Policy

Coaches and/or Team Managers are required to advise the WEHL Board of Directors by email of any intention to purchase team jerseys

- Any WEHL team purchasing an alternate jersey is <u>permitted</u> to purchase a single set of jerseys only. A home set (white) OR away set (dark) but not both.
- Any WEHL team purchasing third jerseys must do so with team funds as generated by fundraising activities or through team sponsorship
- Third jerseys may be worn for any exhibition, league or playoff games between a WEHL team and an external team (within or external to District B). They may also be worn during any tournament games, with the exception of any WEHL sponsored tournaments.
- New Eval Jerseys can be used as 3rd jerseys. Also Atomic jerseys for those in Atom.





## Team Volunteer Meeting 2019

## Sens Tickets draw

- 1 Pair of tickets for the pre-season game this Saturday vs Montreal
- 1 Pair for the regular season game on Thursday Oct. 10th vs St.Louis





## Team Volunteer Meeting 2019

# Have a great season!



