WEHL TEAM VOLUNTEER MEETING

Prines





Agenda

- District B Officials info
- 67's Minor Hockey Programs
- Sens Minor Hockey & Community Programs
- 2019/20 Season dates
- WEHL Tournament dates
- PRCs & Rowan's Law
- Development Info Clinics, Qualifications
- Registrar Info Team Lists, Affiliations
- Room Bookings/Game Sheets/Equipment
- Photo Days: Nov.1st & Nov.2nd
- Fair Ice & 3rd Jersey Policies
- Sens tickets draw!





District B Officials - DBOA

Referee-in-Chief - Fred Cosgrove districtbric@gmail.com

Senior Assignor - Ryan Stasiuk bytownsrassignor@gmail.com

- Bantam, Midget, Juvenile
- Junior Assignor Shawn Corcoran,
 bytownjrassignor@gmail.com
 - Novice, Atom, Pee Wee

Website - District B Officials Association - dboa.ca





District B Officials - DBOA

Checking from behind

- Hits to the head
- Major penalties
- Respect in the Arena

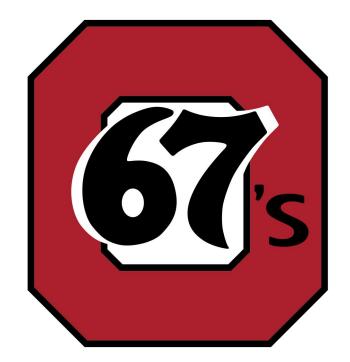






Ottawa 67's Programs

- Minor Hockey Experiences
- Prospect Game Day Experiences
- Minor Hockey Fundraising Programs
- Prospect Tickets







Ottawa Senators Programs



















- Minor Hockey Month
 - Red Carpet on October 5th
 - HEO Night on October 23rd
 - Coaches Clinic on October 27th
- Future Sens
- Association Nights / Fundraisers
- Bell Capital Cup on December 28th January 1st
- Sens Jr. Starters
- Equipment for Kids
- Sens Alumni







WEHL arenas in the mix:

- Dulude
- BAS
- Tom Brown
- McNabb
- Belltown Dome (NextGen and GAA clinics)
- Bantam C interlock with Nepean, Stittsville and Kanata
- No 7am ice during the season
- Ice Allocation per age group: Novice = 32 ice times (~ 2 hrs per week)
 Atom = 16 games & 16 practices (~2 hrs/week)
 Peewee = 18 games & 14 practices (~2hrs/week)
 Bantam = 20 games & 12 practices (~2hrs/week)
 Midget = 24 games & 8 practices (~2hrs/week)





Season at a glance

Drafts

- Novice: tentatively Sept 22-26
- Atom & Peewee: tentatively Sept 16-17
- Bantam: tentatively Sept 18
- Midget: tentatively Sept 21-22

Season

- Oct 8th to Feb 9th
- (Midget starts Oct 15th, Juvenile Oct 14th)
- No ice on Thanksgiving weekend & Halloween
- Christmas break is Dec 19th-Jan 1st
- Feb 14th to 17th no ice Family Day weekend
- Round robin games are Feb 18th to Mar 5th
- Semis and Finals are Mar 6th to 8th



Season at a glance

- 5 Tournament per team Policy
 Teams need permission for additional tournaments
- Tournament Blackout Dates
 - Email your potential tournament dates ASAP to <u>vp.ice@westendhockey.com</u>
 - Sept.30th deadline for tournament before Nov 15th
 - Oct 18th deadline for tournament/blackout dates up to Jan 1st
 - Nov 25th deadline for tournaments to Feb 20th
 - Feb 3rd deadline to submit blackout dates during playoffs (Feb 18th to end of Mar)





WEHL Sensplex Tournaments

► <u>Atom A/B/C; Peewee A/B/C</u>

Friday Dec.6 to Sunday Dec. 8, 2019 \$1,160(-\$100) for WEHL = \$1,060

Bantam A/B/C; Midget A/B

Friday Dec. 13 to Sunday Dec. 15, 2019 \$1,185(-\$100) for WEHL =**\$1085**

Novice Tier 2(A)/3(B)/4(C) Half Ice

Friday Jan.10 to Sunday Jan.12, 2020

\$775/\$750(-\$100) for WEHL **=\$675/\$650**

Guaranteed spots for WEHL up to Oct 14th only

http://www.sensplex.ca/youth-tournaments





- All volunteers, Coaches, Trainers and On-Ice Helpers require a PRC.
- PRCs done online https://olbc.ottawapolice.ca and are valid for 3 years.
- You require a letter from the wehl, and the \$10 fee will be repaid to you by the wehl.
- When complete, PRC's need to be forwarded to the VP Risk and Safety.
- Shared birth date with someone with a conviction may require finger printing.



Rowan's Law

- Ontario Law now requires all players, coaches, and trainers to complete a Rowan's Law Acknowledgement.
- Objective is to Learn how to prevent, identify and manage concussions.
- Novice Midget forms were collected with the evaluation jersey handouts.
- IP and Juvenile need to be submitted to their convenor or emailed to VP Risk and Safety before they go on the ice.
- Coaches and trainers will need to complete the form as well.



BMHL Suspensions

BMHL adopted the Total Team Management (TTM) reporting system.

- Your email associated with your Hockey Canada account/Team List will be used for access.
- Coaches/Managers must now use this system for entering suspensions, tracking games served for suspensions, and recording affiliations.
- All Misconducts, Game Misconducts, Gross Misconducts and/or Match Penalties in any game (exhibition, league, tournament, playoff) <u>must be entered within 24 hours of the game.</u>
 - Please remind your players it is WEHL policy to double all BMHL suspensions at all levels.
- Players/team officials can appeal the additional games imposed by the wehl, requested through VP Risk and Safety.



HEO Policies



HEO Website - great resource for policies such as outdoor rink usage, on ice helper requirements, concussion return to play, etc.

http://www.hockeyeasternontario.ca/pages/admin/policies.htm

Mouth guards

- Mandatory under BMHL policy
- A player may be exempt from wearing a mouth guard only with a medical note.
- This note must be kept by the Team's Trainer, shown to the referee prior to the game, and be on the bench at all times.





- Players should be supervised at all times following the "Two Deep Method" of supervision recommended by Hockey Canada (two adults present together).
- People supervising must have completed either "Speak Out" or the "Respect In Sport" for volunteers and have submitted a PRC.
- Vaping HEO policies and City of Ottawa smoke-free regulations include no vaping on all municipal properties.



Development

Player Development Sessions

- Next Generation Hockey will run skating, puck-handling and shooting development program Tuesday evenings at Belltown Dome starting Nov. 5th - \$299
- 1 hour per training session, 10 total training sessions
- Players will be assigned their specific training hours based on their relative skill/age to ensure the optimal training experience
- The 1st session will serve as an initial evaluation and players maybe asked to move groups as their skill dictates
- Top notch skating dynamics
- Building confidence in game type situation, Small Area Games
- http://nextgeneration-hky.com/WEHL-Specialized-Training







- Goalie Development Clinics
 - Goalie Army Academy will run free goalie sessions for WEHL goalies on Thursday evenings at Belltown Dome starting Nov 7th



Development



RINKEYE ASSOCIATION SPONSORSHIP

SHOOTING & PUCK HANDLING SESSIONS

Develop player puck skills and control, and shot technique, power and accuracy.

- 1 hour sessions
- 2-3 RinkEye coaches
- Puck handling drills on mini rink
- 6 different shooting lanes Optional access to team room for meetings or video
- sessions

2 COMPLIMENTARY SESSIONS

- Maximum 15 players per session
- Preference is for the association to choose novice or atom teams for the training

ADDITIONAL SESSIONS

Can be purchased for \$265 each



SKATING TREADMILL

Improve skating stride, speed, and technique with personalized coaching on our state-ofthe-art skating treadmill.

- 3 hour session
- 1 hour treadmill per player
- 5 players / hour

\$300 PER TEAM



To register or request more information, email: info@rinkeye.com



DRY ICE SKATING DEVELOPMENT

TAUGHT BY WORLD RENOWNED SKATING COACH, MARC POWER OF POWER 456

Unique skating program that includes on-ice and off-ice exercises and plyometrics to improve skating technique, strength, and balance. Designed to improve speed and develop more effective technique.

- 1 hour sessions
- Skating movement analyzed
- Every player is challenged
- Fun "outside the box" creative lessons

\$325 PER TEAM



Bench Staff Qualifications - Coaches and On-Ice Helpers

		Police Records Check	Respect in Sport	Gender Identity On- Line Training	Coach 1 (1 day in class course)	Coach 2 (1 day in class course)	Hockey University Online Coach 1/2 course	
	Head Coach	\checkmark	\checkmark	\checkmark	\checkmark		\checkmark	
IP	Assitant Coach	\checkmark	\checkmark	\checkmark	\checkmark		\checkmark	
	On-Ice Helper	\checkmark	~	\checkmark	~		\checkmark	
	Head Coach	\checkmark	\checkmark	\checkmark	\checkmark		\checkmark	
Novice	Assitant Coach	√	~	\checkmark				
	On-Ice Helper	\checkmark	\checkmark	\checkmark				
	Head Coach	√	~	\checkmark		\checkmark	\checkmark	
Atom - Midget	Assitant Coach	\checkmark	\checkmark	\checkmark		\checkmark	\checkmark	
	On-Ice Helper	\checkmark	\checkmark	\checkmark		\checkmark	\checkmark	





Coaching Equivalencies

1980's	2000's	2014
Initiation Program	Intro Coach	Coach 1 — Intro Coach
Coach Level 1 and 2	Coach Stream	Coach 2 – Coach Level
Coach Level 3	Intermediate	Development 1
Coach Level 4	Advanced 1	High Performance 1
Coach Level 5	Advanced 2	High Performance 2

http://www.hockeyeasternontario.ca/pages/coach/coachcert.php





Bench Staff Qualifications - Trainers

	Police Record Check	HTCP Level 1 - Online Certification	Respect in Sport	Gender Identity On- Line Training
IP	\checkmark	\checkmark	\checkmark	~
Novice - Midget	\checkmark	\checkmark	\checkmark	\checkmark



New Coaches

Coach and Trainer Qualifications:

- Need to complete or update required clinics
- Pre-Approval from VP Development

Process:

- 1. Go to HEO website: www.hockeyeasternontario.ca/
- 2. Register for a clinic
- 3. Submit receipts to clinics email with proof of completion
- 4. Processed monthly with accountant, takes 2 to 4 weeks to turn around.





- ~1100+ players registered every year
- Online registration now closed
- Still have space, esp. youngest divisions
- Refer latecomers to website, e-mail:

registration@westendhockey.com





- Many registration functions now outsourced
- Critical improvements for:
 - Availability
 - \circ Response time
 - Business continuity
 - Long-term focus
- ► <u>registration@</u> vs <u>registrar@</u>
- May expand role of outsource partner





- New refund/rebate process now online
- FAQ has cut down on many inquiries
- Volunteer sign-up form
- Focus on efficiencies, lasting change
- Need member input and participation!





ALL teams need an official team roster

- Ensure proper catchment
- Proof of age for division placement
- One team per player
- Parent and coaching qualifications
- Required for tournaments
- Absolutely mandatory, or team stops operating





Team Lists

	Police Record Check	Respect in Sport: Leaders	Understanding Discrimination Gender Identity / Dressing Room Policy	Coach 1 – Intro	Hockey U. Online: Coach 1/2	Coach 2: Coach Level	
Head Coach IP Levels	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
Head Coach Novice	\checkmark	\checkmark	\checkmark		\checkmark		
Head Coach All Other Levels	\checkmark	\checkmark	\checkmark		\checkmark	\checkmark	
Assistant Coach IP Levels	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		
Assistant Coach All Other Levels	\checkmark	\checkmark	~				





Team Lists

	Police Record Check	Respect in Sport: Leaders	Understanding Discrimination Gender Identity / Dressing Room Policy	Hockey Trainer Certification Program (HTCP1)
Manager	\checkmark	\checkmark	R	
Trainer	\checkmark	\checkmark	~	\checkmark
Treasurer	\checkmark			
Other On-Ice Help	\checkmark	\checkmark	~	



Team List Template

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Insert Format Data Tools Add-ons Help <u>All changes saved in Drive</u>

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	A	В	С	D	E	F	G	н	I	J	К	L
1	Bench Staff Qualifications		Amber denotes REQUIRED			Yellow denotes MAY be required		White denotes OPTIONAL				
2						Mandatory for all Bench Staff			Coaches and Trainer(s)			
3		Name	Date of Birth	Hockey Canada ID*	Ottawa Police Records Check?	Rowan's Law Form Submitted?	Respect in Sport - Activity Leader?	Understanding Discrimination Gender Identity / Dressing Room Policy	Coaching Certification(s)	Trainer Certification Number (HTCP#)	E-mail Address	NOTES
4	ex: Head Coach	Don Cherry	05-May-1934	1500000806701	Yes	Yes	Yes	Yes	Coach 2	n/a		
5	ex: Manager	Ron Maclean	14-Mar-1960	150012345701	Yes	Yes	Yes	Yes	n/a	n/a		
6	Head Coach	Doug McKenzie	31-Jan-1972	1234567889	Yes 🔹	Yes 🔹	Yes 🔹	No 👻	Coach 1 -		blah@blah.com	
7	Trainer					*	+		*			
8	Manager				•	•		.*	*			
9	A. Coach				÷	•	+	÷	•			
10	A. Coach					*	*	*	*			
11					•	-	•	•	•	4		

- Team list spreadsheet online
- Requires Google account to edit



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- Get your manager involved IMMEDIATELY
 - Manager meeting coming soon...
- Begin documenting staff ASAP, so we can help!
- Lookup tool to check credentials
- Team list will be submitted to District Registrar for final approval and signature
- Final approved roster will go to Coach/Manager
- Possible uses: intra-team comms, player evals





- Identify all staff by Sept.30th
- ► Submit list template to Registrar by Oct.13th
- ► HEO MINOR Team List Doomsday: Nov.1st

MINIMUM <u>5 DAY TURNAROUND</u> FOR TEAM LISTS

Changes to team means a new team list



Useful Websites



www.districtbhockey.ca

Constitution, Rules, Regulations

www.bmhl.ca

Full BMHL Schedule, where to go to update scores

www.heominor.ca

Tournament search engine

www.hockeyeasternontario.ca

Clinics & Qualifications

www.westendhockey.com

All things WEHL: News, Events, Contact info, etc.





Affiliations

- Affiliation Rules are changing. Again.
- Player can only be affiliated with one team at a time
- Player must be on approved team roster to affiliate
- WEHL will only allow affiliations to fill roster
- Must complete affiliation paperwork, get signatures from parents, both coaches, Registrar. (*sigh.)
- Must obtain permission of coach before playing an affiliate
- Coaches should never deny a development opportunity
- Can only play 10 games for any & all teams as an affiliate
- Players cannot affiliate when their main team is playing
- Emergency Goalie Rule should affiliate a goalie





- Last year: BMHL will follow the HEO affiliation rules in order to streamline the process.
- Affiliations page on District B website to be updated to reflect HEO interpretation...
- Affiliation across and up are now permitted for BMHL games (Peewee B can affiliate from Peewee C, Atom A or Atom B, Midget A can affiliate from Midget B, Bantam B or Bantam A)
- Caveat: C teams can only affiliate from younger C teams (Bantam C can affiliate from Peewee C only)
- Players affiliated to Golden Knights team NO LONGER ELIGIBLE to be affiliated to a House League team - one or the other!



Volunteerism

- Most critical aspect of the organization
- Aiming to improve coordination of volunteers
- Goals: Make life easier!
 - Save time with long-term planning
 - Single point of contact
 - Remove barriers
 - Recruit, retain, recognize
- Can't fix everything overnight
- Starts with Volunteer Committee
 - Looking for one more member with coaching/bench staff experience





- 2 rooms at Dulude bookable for teams:
 - Women in Sport (WIS) small meeting room
 - Mel Baker Hall (MBH) large meeting room
- Email Rick Henry <u>secretary@westendhockey.com</u> for room bookings <u>at Dulude only</u>
- You can book a room for a team function i.e. team meeting, parents meeting, pizza party, Christmas party etc. - the league will cover the cost of the room
- Give enough notice since the City does the scheduling



Game Sheets



- Timekeepers are to be supplied by home team
 - Clock operation and filling out game sheet
- Completed Game Sheets:
 - Top Copy Division mailbox at Dulude
 - 2nd Copy Home Team Coach
 - ► 3rd Copy Away Team Coach
 - ► 4th Copy to be kept if Ref takes a copy for a suspension
- Blank Game Sheets in mailbox at Dulude (combo lock)
- Game Sheet Labels Template (MS Word)

Available For Download On WEHL Website

(Don't handwrite the names!)





Jerseys and Equipment

- Manager or Coach to sign out and inspect jersey sets
 - Sessions will be organized by division before draft dates
 - Avoid issuing jerseys until after balancing!
 - Collect deposit cheques for each jersey (post dated to April 2020)
- Each team will receive 14 WEHL pucks
- Two pairs of classic socks for all players
- FA kits and water caddies optional
- Return within one month of the banquet
- Equipment Manager Aaron Hellard <u>equipment@westendhockey.com</u>
- Goalie Equip Manager Mike Moffat goalieequipment@westendhockey.com





- Friday November 1st and Saturday November
 2nd at Dulude
- Free Team photo provided to all players
- Team signup list will be distributed online
- Photo pickup and makeup date: TBD
- Gadar will set up sample clothing that can be ordered and received before Xmas
- Teams can also order Name Bars from Gadar to add to jerseys





- Make tournament fees, extra practice ice, etc. fees optional, <u>no family should have to pay for additional team</u> <u>activities if they don't want to participate</u>
- Refund any budget surplus directly, don't drain team budget by buying end of year gifts or donating to charity
- Make team votes private (email or Survey Monkey) not by show of hands
- Either collect team fees and put them into a community bank account or pay up front then collect. Community bank account authorization from VP Administration





Fair Ice Policy

- Fair Ice means equal ice by position
- Roll the lines, at all times, in all games, no exceptions
- Playing ability does not affect playing time
- By the end of the season all players should have had roughly equal ice time in all different game situations: Power Play, Penalty Kill, end of game, overtime
- Applies to all games (regular season, playoff, exhibition, tournament, elimination, championship)
- There is NO "coaches discretion" rule to play stronger players for the last 2 minutes of any game
- Explain the Fair Ice Policy to all players and parents in your first team meeting



3rd Jersey Policy

Coaches and/or Team Managers are required to advise the WEHL Board of Directors by email of any intention to purchase team jerseys

- Any WEHL team purchasing an alternate jersey is <u>permitted</u> to purchase a single set of jerseys only. A home set (white) OR away set (dark) but not both.
- Any WEHL team purchasing third jerseys must do so with team funds as generated by fundraising activities or through team sponsorship
- Third jerseys may be worn for any exhibition, league or playoff games between a WEHL team and an external team (within or external to District B). They may also be worn during any tournament games, with the exception of any WEHL sponsored tournaments.
- New Eval Jerseys can be used as 3rd jerseys. Also Atomic jerseys for those in Atom.





Team Volunteer Meeting 2019

Sens Tickets draw

- 1 Pair of tickets for the pre-season game this Saturday vs Montreal
- 1 Pair for the regular season game on Thursday Oct. 10th vs St.Louis





Team Volunteer Meeting 2019

Have a great season!



